

## Supplementary material 3

### Feasibility questionnaire on nutrition program

#### a) Students

- b) Among all the food served in school, which ones do you enjoy?
- c) Which are the foods that you do not eat?
- d) Do you like the food served?
- e) What do you eat at home?
- f) Name some food and fruits which you think are good for your health.

### Raise your hands if you:

- g) Wash your hands before eating in school?
- h) Wash your hands before eating at home?
- i) Eat dinner at home after school?
- j) Eat at least 2 meals a day on Sat and Sun?
- k) Vegetarian
- l) Get fish when eating at home
- m) Get meat when eating at home

#### b) Parents

- 1) What is your daily budget for food?
- 2) What food do you serve at home daily?
- 3) How do you cook them?
- 4) What is your family's favourite food?
- 5) Name some food that you think is good for your family's health.
- 6) How often do you purchase food from outside, what food and how often?
- 7) How do you store the uncooked food?
- 8) How do you store the cooked food?
- 9) Where do you get your water supply?
- 10) Where are your food sources from?
- 11) How often do you and your family members fall sick?
- 12) How long do you take to recover?

#### c) Caterers

- 1) What food do you serve to the students each day of the week?
- 2) How do you prepare/ cook them?
- 3) Who decides on the menu?
- 4) What is the budget per child per day?
- 5) Name some food that you think is good for the students' health.
- 6) Do you currently do any supplementary feeding/ fortification of food?
- 7) What are your views on food fortification, eg adding of milk powder?

**d) Doctors**

- 1) What do you check for during the bi-annual check-ups?
- 2) What are some of the major health concerns for the student population in Parikrma?
- 3) What are some of the major health concerns for the community population?
- 4) What treatment do you give for each of the health challenges?
- 5) What advice do you give for each of the health challenges?
- 6) Are there any obvious signs/symptoms to these diseases?
- 7) Are there preventive measures to these common diseases?
- 8) Are you able to identify under nourished children?
- 9) Where are these children directed to for help?

**e) Teachers, principals and community development officers**

- 1) Which are the foods that the students do not like to eat?
- 2) Do you notice any problematic eating habits?
- 3) What would you like to see change in the food served in school?
- 4) Name some food and fruits which you think are good for health.
- 5) Does the school provide fortified nutrients, eggs, bananas, etc to the students?
- 6) Does the school have connections to caterers and sponsors to provide fortified nutrients?
- 7) What issues exist in the families today (like alcoholism) that affect food availability?
- 8) What issues exist in the families today (like diarrhea) that affect food intake?
- 9) How should Parikrma select the workshop attendees?
- 10) Who are your current funders for meals, projects and operations?